

Dear

Thank you for your Freedom of Information request concerning mental health waiting lists.

The Trust can provide the following information:

At present and at this point last year (i.e. January 2013- or the nearest date possible to then) how long was the average waiting time and how many people are on the list for mental health treatments such as

a) Counselling for depression, grief, bipolar disorders, sexual abuse and PTSD.

b) Cognitive behaviour therapy

|   |  | Average waiting time   | Number of patients on the list   |
|---|--|--|--|
| At present and at this point last year (i.e. January 2013- or the nearest date possible to then) how long was the average waiting time and how many people are on the list for mental health treatments such as | a) Counselling for depression, grief, bipolar disorders, sexual abuse and PTSD.<br><br>b) Cognitive behaviour therapy for depression, grief, bipolar disorders, sexual abuse and PTSD. | Counselling is not offered; we offers couples therapy for depression as well as relationship distress<br><br>Assessment is within 28 days. Depending on treatment choice, waiting is from 4 – 8 weeks on average | N/A<br><br>We maintain waiting lists for types of therapy not for disorders treated. We treat all of the disorders queried except for Bipolar. In January 2014 we had 400 patients on our list for CBT |

If you have any queries about this response please contact the information governance manager at [foi@homerton.nhs.uk](mailto:foi@homerton.nhs.uk) , in the first instance. If, following that, you still have any concerns, you may contact the Information Commissioner either by letter, FOI/EIR Complaints resolution, Wycliffe House, Water Lane, Wilmslow, Cheshire SM9 5AF, or by email [www.informationcommissioner.gov.uk](http://www.informationcommissioner.gov.uk) to take them further.

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Yours sincerely

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