



Volunteer Role Description

Volunteer role: Children's Physiotherapy Community Service Volunteer

Based at:

Hackney Ark, Downs Park Rd, London E8 2FP
Forest Road Youth Hub, E8 3BY

Days/times: Wednesdays 3:30pm – 5:45pm

Volunteer Supervisor:

Maxine Darby, Clinical Lead of Children's Physiotherapy : Service manager

Main purpose:

To assist the running of a physiotherapy led sports club for children aged 4-11yrs old. To assist physios in circuits and sports sessions.

Background:

The sports club is run by Hackney Ark and Young Hackney and takes place for a 6-8 week block each school term in the Forest Road Youth Hub. It is a 1/5hr session with time allocated for setting up and clearing away. Children aged between 4 and 11 years that can walk but have neurodisability are invited. We run a circuits session followed by sports session. The sessions are run by physio and Sports inclusion officer and this volunteer role is to assist. The volunteer will never be alone with children or required to do any physical handling.

- The volunteer role involves greeting families on their arrival and assisting them to fill in paper work.
- To man a station during circuits to encourage children to actively take part
- To assist in the sports session by getting equipment ready / passing to children etc.
- Supervising children during sports as an extra pair of eyes to make sure they do not leave the room etc.

Duties

- The volunteer role involves greeting families on their arrival and assisting them to fill in paper work.

- To man a station during circuits to encourage children to actively take part
- To assist in the sports session by getting equipment ready / passing to children etc.
- Supervising children during sports as an extra pair of eyes to make sure they do not leave the room etc.
- Getting refreshments ready
- Obtaining feedback

Person Specification

Children's Physiotherapy Community Service Volunteer

Essential

- Aged 18 years or over
- Able to commit reliably for a minimum of at least 2½ hours a week for a minimum of six months. The service welcomes any volunteers who are able to offer more than the minimum hours
- A commitment to improve the experience of the child and their family.
- Reasonably fit and active as the job entails working with children
- Well presented, with a friendly and approachable manner and good verbal communication skills
- An ability to relate well to people on a one to one basis and be sympathetic to others' situations
- An ability to be patient and calm even in the face of difficult situations
- An ability to act on own initiative within the role description
- A willingness to be flexible and to follow the guidance of a Supervisor
- A commitment to the Trust's equal opportunities and diversity policies
- A willingness to abide by the Homerton's volunteer guidelines, including rules on confidentiality, safeguarding, health and safety and manual handling
- To be willing to receive training in customer care, communication skills and any other areas as appropriate to the volunteer role

General information

- Volunteers should not undertake duties outside this role description without checking first with their named supervisor.
- Volunteers must not undertake any unnecessary manual handling tasks.
- A volunteer can offer emotional support and empathy but must under no circumstances offer advice or a medical opinion on a client's treatment or assist with anything of a clinical nature.
- Volunteers are reminded of the importance of confidentiality at all times. They must under no circumstances discuss clients' affairs with any person other than the relevant staff. If a parent discloses information relevant to their child's condition, the volunteer should direct the parent to speak to a member of the physiotherapy team.
- Volunteers are complementary to paid staff and must not be used to replace roles that are usually undertaken by Homerton employees.

