

Homerton Hope news

NHS

**Homerton
University Hospital**
NHS Foundation Trust

A newsletter to all supporters and fundraisers of Homerton Hospital

Summer
2017

Thank you for all your support

Welcome to the Homerton Hope charity newsletter



With so many fantastic people to thank and so much starting to happen in our fundraising department, I felt I should say a special thank you to our many supporters and to share some of our good news with you.

As an NHS Foundation Trust Hospital, it is sometimes difficult to explain the need and

value for additional, special funding support. We are here to deliver an NHS service. However, we have so many patients, families and carers who recognise that we try to deliver care above and beyond the minimum NHS requirements.

We need additional funding to continue to go the extra mile for our community – and we have many donors and volunteer supporters who are willing to help us to raise funds for special refurbishment projects, additional equipment needs and to make life as a patient or carer at Homerton Hospital more comfortable.

Over the last few years we have done a lot with the money that you have donated to our hospital and it's important to emphasise that all the money we receive from fundraising events and donations goes to benefitting patients in our hospital and community.

The funds help to pay for extra equipment, research and innovations, and make our patient's experience even better both in the hospital and community. Your donations really DO make a difference.



Artist's proofs of Stik's 'sleeping baby' were auctioned at Christie's ...see back page

From collection boxes at weddings, Santa runs, a garage sale, charity classical concert, marathons and many other events, we are grateful for all your efforts.

Patient and general donations included in memoriam donations for a member of staff and donations for SCBU.

So thank you for your dedication to our hospital. We cannot thank you enough for your continued support, and I hope you will join me in thinking about how we can help our charity to further raise our community profile and additional funding – at all levels – for the special projects and programmes that will make our care even better.

Tim Melville-Ross
Chairman

Fundraising



The Neonatal Unit

This amazing unit provides care to premature babies from 23 weeks. We have received donations from parents, families and donors including...

- **Chris Devonshire** and **Matthew Hayes (1)** completed the Thames Path Challenge in September 2016, running 32 miles from London to Runnymede along the Thames path - that's six miles more than a marathon!! They raised just over £2,750.
- **Alfie Gray (2)** was born at Homerton last year, however he suffered from severe meconium aspiration. He was in the expert and loving hands of the staff in both NICU and SCBU and made steady and encouraging progress. Alfie's great uncle raised money through donations for the Paisley road. Alfie has returned to full health and has no lasting effects from this illness.



- Every year on **Violet's** birthday her family make a donation to the neonatal unit where she spent the first four weeks of her life. So far the Roberts family have bought sterilisers and breast feeding cushions and will be donating again on Violet's next birthday.
- The **Knight** family have raised over £6,300. Their first son George was born prematurely at 25 weeks and sadly only survived three weeks. This money was used to buy an assortment of items including: notice boards for parent information and developmental care information for parents, gel cushions/beanbags (called zakky hands) to help with positioning of tiny babies and some cushions that strap around the waist to help with breastfeeding. They also used some of the money to send the advanced nurse practitioners on a cranial ultrasound course.
- **Alba May Pemberton** came to the unit from another hospital but sadly died in August 2016. The family have been amazing and raised nearly £4,500 from donations and also winning a competition to have Absolute Radio decorate and broadcast from their house at Christmas (3). Thank you to Wickes for their donation of £800.
- **Heath Jackson** was born at 25 weeks and inspired friends and family to raise money for our charity. With a lot of hard work they fundraised nearly £14,000 to buy two twin incubators (4). Heath is now a thriving little boy living out in LA.
- Thank you to **4louis**, a charity set up by a bereaved parent. These memory boxes allow parents who have suffered a stillbirth, neonatal, infant or child loss a chance to capture as many memories as possible. Visit the website for more information www.4louis.co.uk.

Starlight Children's Unit and CEA

Starlight Children's ward has recently used donations to buy a peripheral vein imaging kit which allows staff to find veins first time (5). This is an amazing piece of equipment. We are currently fundraising to buy one for the Children's A&E department.

Munjeet Singh ran a half marathon and raised over £500 for Starlight enabling staff to buy much needed toys, DVD players and a large TV for the Outpatients clinic waiting area. This is great to keep children entertained while they are waiting for their appointments.

Starlight also received a cheque for £3,500 from local charity **Nawaal** (6). Nawaal Benevolence is a local faith based charity in Hackney which provides help and support for local causes in Hackney, Newham and Waltham Forest. Ramadan is usually associated with a lot of fundraising for the Muslim Community both local and international. This year Nawaal chose Starlight children's ward as their cause for fundraising.

We used this money to purchase new chairs (8) and overnight recliners for parents of young patients

A group of enthusiastic staff from the **Defoe Community Team** climbed Mount Snowdon raising funds for Starlight ward and the Neonatal unit. They raised £722 in total (7).

Well done and thank you.

Starlight have also received toy donations from JLT Management Services, the Waste Prevention Team at Hackney Council and Hackney Benefits Centre. These toys have meant we can give gifts to children at Christmas and throughout the year for birthdays and also increased our play room selection.



New chairs and overnight recliners for parents of young patients for Starlight children's ward



9

RNRU

The annual summer party brings together staff and patients (both past and present) and their friends and family together to socialise and celebrate.

A raffle helps us to fundraise towards creating further leisure activities for our patients on the unit.

Donations amounting to over £1,000 from the Marks and Spencer's charity enabled us to have an even more fantastic party than usual!

Thank you Marks and Spencer for being so generous to us.

A team of 12 enthusiastic walkers completed the 13.3 mile **Colourthon walk (9)** raising funds for Homerton Hope. They raised over £1,260. Thanks to this donation we have been able to buy special electrical stimulation machines and electrodes that are worn as gloves and sleeves.

These gloves and sleeves can be worn over the problem arm, enhancing the sensation and awareness of the arm in the brain, while the person is resting or actively trying to move as part of exercises or during practice that is critical for recovering function. **Well done to everyone who took part.**

Sleep well packs for Lamb and Lloyd wards

Recent donations to the hospital have enabled us to purchase some 'sleep well packs' for a new three month pilot scheme for Lamb and Lloyd wards. The packs - made up of comfy non-slip socks, ear plugs and eye masks - aim to help the patient get a good night's sleep and keep them safe from falling.

Hackney Ark

The Children's Physiotherapy and OT team at **Hackney Ark** were dressed up by some of the young people they work with for a three legged walk from the Ark to the City **(10)**. This was to raise funds to put on an exhibition of the young people's work and hold an event in order for the young people to have direct contact with the public and engage with them over these topics.

10. More Hackney Ark staff took part in a charity bike ride across London raising over £750 **(11)**. This money will be used towards refurbishing the children's roof garden play area.



10

11



The Little Free Library

The **Little Free Library (12)** trolley funded by donations and built by our works department enables patients to 'take a book, give a book'. Situated in the Main Outpatients department this has proved very popular with our patients who are also making donations to our charity enabling us to fund other projects.

Maternity Unit

The **Cannon Street Quartet (13)** recently busked in the main entrance raising nearly £300 for Homerton Hope and Centre Point. The boys who attend the City of London School for Boys have been busking around London over Christmas and the New Year raising money for charity. Well done boys.

Well done to all the midwives who organised a **cake bake sale (14)** in December and raised £760. They are planning to purchase a music system and soften the lighting in the birthing centre to try and make the environment a bit more home from home.

Elderly Care Unit

Patients on the Elderly Care Unit have seen a new look to their day room and reminiscence room all thanks to donations to the charity. We have been able to buy Active Mind boxes, provide art therapy and install a decor from the past to help our patients with dementia. The weekly art sessions, funded from the Stik art auction are proving very popular. We have also painted all the bay doors to help patients with finding their way around better.

Sexual Health

We have received grants from the **MAC Aids Fund** and the Monument Trust to continue the work of the Peer Navigator role and social care coordinator along with the MSM peer mentoring role. We also received funding from London Catalyst to continue the provision of Tesco vouchers for HIV patients. This has been on-going for the past few years. These vouchers are given to patients who are felt need help with buying provisions.

Other projects include

- refurbishment of the ITU staff roof garden, visitor room and counselling room. We also got new clocks for on the ward
- artwork and ceiling projectors for our new women's outpatients department
- education and alternative therapies including reflexology, massage and acupuncture for our patients with sickle cell and thalassaemia – this has been proven to benefit their quality of life, overall wellbeing and improve their physical and mental health
- patient reading services from 'InterAct'
- Healthy Homerton
- staff BBQ
- patient Christmas presents
- Parkinson's timers

Stik supports Homerton



The artist Stik donated 100 prints of his mural 'Sleeping Baby' to raise money for our Regional Neuro Rehabilitation Unit (RNRU). We raised over £52,000 from the sale of the prints and then received a further £26,000 at Christie's Auction House when we sold a set of four artist proofs. **Thank you Stik.**

All proceeds went into the hospital's unique and innovative art programme which began almost 30 years ago. We offer long stay patients in the RNRU with acquired and traumatic brain injuries the chance to explore interactive art workshops as part of their rehabilitation and recovery.

The funds are being used to enable the Trust to develop and expand an art workshop service for the ECU (Elderly Care Unit) specially formulated for people with dementia. And we are now also setting up sessions for our stroke patients on the Graham Stroke Unit.

The complete set of four artist's proofs of Stik's 'sleeping baby' was auctioned at Christie's in May 2016 for £32,500 which raised £26,000 for the hospital. We also raised £52,000 from the art event at the hospital in September 2015.

A big thank you to all our supporters including

- Waitrose Community Matters
- John Lewis Community Matters
- Asda Leyton Mills
- Marks and Spencer Mare Street
- Hackney Council
- GOSH
- JLT Events
- Leyton Orient
- Arsenal Football Club

Future plans

Our plans for this year are to fundraise to revamp the family rooms on the Neonatal Unit, update the roof garden at The Hackney Ark Children's Community Centre and make some improvements to The Mary Seacole Nursing Home.

Thank you to everyone who has supported us. We really appreciate it.

For how to donate, make us your chosen charity or if you just want some more information on how you can help us.



www.justgiving.com/homertonhospital



www.virginmoneygiving.com and select Homerton Hospital

- Use **Justgiving** or **Virgin moneygiving** to set up your own page supporting Homerton Hope and ask friends and family to pledge online. Watch how quickly you reach your fundraising target!
- Contact us: **homertonhope@homerton.nhs.co.uk**
- Donate by text: **Text HOMH01 £5 to 70070.** JustTextGiving by Vodafone
- Visit our website: **www.homerton.nhs.uk/homertonhope**

Homerton Hope



HomertonHope

www.homerton.nhs.uk

Homerton Hope
Homerton University Hospital
NHS Foundation Trust
Homerton Row
London E9 6SR
T: 020 8510 7320
F: 020 8510 7608
E: homertonhope@homerton.nhs.uk

Homerton Hospital Charitable Fund Registered Charity No: 1061659