

Appointments

If you need to return to us for a follow up appointment you will be told about this before you leave. You may be given the date or an appointment may be sent through to you by post.

What to do if....

1. You have any problems with your medication?

Your GP will receive a letter about your medication and will be able to help you after you have gone home.

2. If you have any problems with future appointments?

Call the outpatient department on 020 8510 5353.

Special instructions

This space is for your nurse to enter any instructions specially for you.

What to do if: _____

Instructions: _____

What to do if: _____

Instructions: _____

Useful Contacts

Homerton Switchboard:
020 8510 5555

Social Services main contact:
Call 020 8356 6262

Community nursing:
Contact your GP.

We will write to your GP a few days following your discharge and explain the care you have received and any follow-up arrangements.

If you continue to have any problems then please first contact the ward you were on or our lead nurse for discharge may also be able to help.

Homerton Lead Nurse for Discharge:
020 8510 7194

Homerton University Hospital NHS Foundation Trust
Homerton Row, Hackney, London, E9 6SR

w www.homerton.nhs.uk

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Homerton 
University Hospital
NHS Foundation Trust

Leaving hospital

Please don't forget to complete our Patient Experience Tracker questions before you leave. Your views are important to us and help us to improve our services for all patients.

This guide is intended to give you information that will help you when you go home. We are always keen to improve our service to you as a patient so if you have any comments on the content of this leaflet please let us know.

Deciding when

Your doctors nurses and therapists all meet together on ward rounds and in weekly meetings to discuss how patients are progressing. At these meetings a 'predicted discharge date' is set – which is essentially an estimated date depending on the treatment you are receiving or need to receive and how well you are recovering. This predicted date may change in response to how you are doing and this will be discussed with you. Once a more definite date is set then other arrangements can be made.

Time

The time for you to leave the ward will be discussed and agreed with you. You may need to be seen by the doctor for example just before you go or you may have to set a specific time so a family member is at home.

Transport

If you need transport arranging for you the ward clerk will book this once a time has been set.

Discharge lounge

To enable the ward staff to clean your bed area and receive new patients you may be asked to wait for your transport in the discharge lounge. This is in the green corridor near to Accident and Emergency and is staffed by nurses. If you are waiting for your medication the discharge lounge nurses can pick this up and go through it with you. Your doctors will also know you are there if there is anything outstanding they need to see you for.

Your medication

Whenever possible we will have your medication ready for you the day before you go home. However sometimes your final medication may depend on a blood result or something similar that may not be known until the same day. If this is the case your medication will be ordered as soon as possible and an estimated time given to you of when they will be ready. A nurse, pharmacist or doctor will explain your medications to you and there will be instructions on your bottles or packets of medication explaining how and when to take them. The next section is for your nurse to fill in about any other information you may need to know.

Medication information

Drug name: _____
Special instructions: _____

Drug name: _____
Special instructions: _____

Drug name: _____
Special instructions: _____

Drug name: _____
Special instructions: _____
